



Seshadripuram Educational Trust

# SESHADRIPURAM COLLEGE

(Affiliated to Bengaluru City University)

NAAC Re-Accredited Grade 'A'

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NSS Newsletter of  
Seshadripuram College

2020-21

# SARVODAYA

*Progress of all*

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# MESSAGE

**Nadoja Dr. Wooday P. Krishna**

Honorary General Secretary  
Seshadripuram Educational Trust



I am very happy that Seshadripuram College is bringing out an exclusive newsletter of the NSS called '**Sarvodaya**'. Sarvodaya is a term coined by Mahatma Gandhi, which means 'Universal Uplift' or 'Progress of all'. This initiative of the College to bring out a newsletter of the NSS unit to document and present all the activities and programs in an academic year is commendable.

The basic aim of NSS is to instil the idea of social service and responsibility in students. The NSS volunteers of Seshadripuram College have done exemplary work throughout the year, particularly during the critical situation created by the COVID-19 pandemic. I congratulate the Principal Dr. Meera H.N., the NSS Programme Officer Sri Manjunath H. and all the NSS volunteers for living up to the proud reputation of the unit which has won many awards at the State and National levels. With their range of programmes and activities this year, they have made a positive impact in many areas. I am sure that with the Gandhian principle of service to the needy deeply instilled in the volunteers, the NSS unit of the college will continue to work with commitment towards making a better world for all of us.

## CHAIRMAN MESSAGE

**Sri M.S. Nataraj**

Hon. Asst. Secretary, SET  
Chairman, Governing Council  
Seshadripuram College



The release of the NSS newsletter '**Sarvodaya**' by the NSS unit of Seshadripuram College serves as a testament to the vision of the College "To empower every individual with knowledge and self-confidence." The activities by the Unit during the Academic Year 2020-21 presented in the newsletter showcases the character-building approach that the College has adopted-be it socially sensitive leadership skills, community development or unconditional service-mindedness.

I congratulate the Principal, Dr. Meera H. N., the NSS Programme Officer, Sri Manjunath H. and his NSS Unit for all the work and service they have done over the year including the publication of this newsletter.

# FROM THE PRINCIPAL'S DESK

**Dr. Meera H.N.**

Principal and  
Editor-in-Chief, Sarvodaya



National Service Scheme Unit of the college is one of the important wing of our College. The unit can be said as the epitome of practical thinking, which enables the student fraternity to counter the problems faced in a responsible and matured manner. The unit strives in its constant endeavour to excel in the services provided to the community by arranging and involving multiple programs for social services and national development. During the academic year 2020-21, the NSS Unit organized varied activities, programmes, webinars to support institution and the community.

**It was a proud moment for the NSS unit and for the college as well, where Sri Somashekar. U., received the State Award for Best NSS Volunteer for the year 2019-20.**

I take pride in stating that the number of physical activities that were conducted by the unit and the participation of the same, during the tough times of Covid-19 where nobody ventured or feared to tread, our NSS Volunteers showed yet another time their resiliency and fearless attitude. On behalf of the college I would like to thank and honour our NSS Officer Mr. Manjunath and all the NSS Volunteers who took initiatives and participated on all the programmes being conducted, which in turn made the college proud.

## MESSAGE FROM STATE NSS OFFICER

**Shri Pratap Lingaiah**

State NSS Officer  
Government of Karnataka



The NSS unit of Seshadripuram College has given our youth a new and unique way to contribute to the society. With the experiences from NSS. I'm sure that all volunteers will learn how to lead a life of dignity with positive mindset and contribute to the growth of nation.

I am delighted to know that NSS unit of Seshadripuram College is bringing out a newsletter "SARVODAYA" highlighting the activities and achievements of the NSS unit of the college.

The NSS unit of Seshadripuram College will achieve greater success by the involvement and dedication of Young volunteers.



## Manjunath H.

Asst. Professor in Mathematics  
NSS Program Officer  
Seshadripuram College



National Service Scheme (NSS) was introduced in the year 1969 with the primary objective of developing the personality and character of student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Appropriately, the motto of NSS is "NOT ME, BUT YOU". An NSS volunteer places the 'community' before 'self'.

The unit at college level is the grass-root unit in NSS. The NSS Centre keeps contact with the community, administration, student volunteers and Programme Officers through this unit only. Seshadripuram College NSS unit has its own identity and initiatives. The organization and management of NSS unit are of vital significance.

Seshadripuram College NSS unit has conducted many initiative activities, National and International level conferences like panel discussion on youth against drug abuse, cycle jathas- taking consideration of any serious issues to be aware of and creating awareness, street plays - creating awareness on COVID-19 etc.

In this academic year 2020-2021, NSS unit had organized meaningful community service programs under the Theme "FIT INDIA ". Being an active member, NSS Volunteer would have the exposure and experience to

- An accomplished social leader.
- An efficient Administrator.
- A person who understands human nature
- Improvement of physical and mental strength .

It gives an immense pleasure to announce the achievement of our NSS Volunteer Somashekar. U who bagged the Best NSS Volunteer State award by the Government of Karnataka during the academic year 2019-20.

This year, NSS Unit took part in Social responsible activities like, International panel discussion on youth against drug abuse among peers, World No Tobacco day, Yoga workshop , Plantation of saplings in Tippagondanahalli, Savanadurga forest and Vidyanagar sports hostel, Constitution Day, Blood donation Day, Womens Day, street play in Malleshwaram market about Covid -19 awareness. Our volunteers worked in a Covid-19 War room to help in the allotment of Beds in different hospitals in the city. On the account of Gandhi Jayanthi, cycle rally was conducted to Nandi Hills( Save forest). Fit India freedom run, Physical work activities were conducted on the theme " Fit India". 11 volunteers represented our college in Aero India 2021. They were also outstanding in volunteering during the pandemic situation.

Best part of Fit India theme is 3 Days CYCLE JAATHA from Bengaluru to Chikkamagalur was held on the Account of Azadi ka Amrit Mahostav India @75. This was a great experience to volunteers to interact with the people from Bengaluru to Chikkamagaluru. During cycle jaatha rally volunteers collected 1200 kg of plastics around Bengaluru city , and handed over to the BBMP.

I am truly grateful to our esteemed Management, specially to Sri N. R. Panditharadya. President, Seshadripuram Educational Trust, Nadoja Dr. Wooday P Krishna, Honorary General Secretary, Seshadripuram Educational Trust and Sri M.S. Nataraj, Chairman, Governing Council and all the Trustees for their support and guidance. I thank Prathap Lingaiah, State Liaison Officer, NSS, Dr. Govinde Gowda, NSS Co-ordinator, Bengaluru City University, Dr. Meera H. N, for whole-hearted support and encouragement. I am grateful to Mrs. Savitha Bai, Office Superintendent, Prof. Veena R, HOD, BCA and Prof. Kala Nayak, HOD, Commerce and Management and to all the teaching and non-teaching staff of the college for their kindhearted support and motivation. I would like to express my appreciation to our NSS volunteers for their enthusiastic participation and involvement in organizing all the programs and activities of the NSS unit, and to the Student Editorial team who have worked hard to bring out of this newsletter Sarvodaya and Alumni to publish NSS News Letter.

# ABOUT INSTITUTION



Established in 1973 and affiliated to Bengaluru City University, Seshadripuram College quickly attained a prominent position among the limited number of undergraduate colleges in Bangalore at that time. In these 40 years, the number of degree colleges in Bangalore has seen an astronomical growth, but Seshadripuram College continues to maintain its reputation and position. From a meagre strength of thirty students at inception, the student strength has grown substantially to 3000 with a commensurate expansion of the faculty. It is one of the first of the affiliated colleges to be granted PG courses and to offer the BBM course. The institution has been awarded the highest 'A' grade in the 2<sup>nd</sup> and 3<sup>rd</sup> cycles of NAAC accreditation and regularly features among the top Commerce colleges not only of Bangalore but of the country, in rankings announced in leading national news magazines. Its students regularly find a place among rank holders in the university and its placement records are outstanding. This reputation sustained through more than 4 decades is due to the institution's ability to adapt itself to the changing needs of the times without losing touch with its core values. The college attempts to create a stimulating teaching-learning environment which equips students with the knowledge and skills required to face the challenges of the globalized environment. At the same time, it is committed to instilling a deep sense of social responsibility and self-discipline in its students. It also strives to cultivate a warm, cordial and mutually supportive relationship with all its stakeholders.

## NATIONAL SERVICE SCHEME (1969-2021)



The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhi's Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The programme aims to instil the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. Volunteers are also trained to provide help in natural and man-made disasters by providing food, clothing and first aid to affected people. There are two types of activities: Regular Activities (120 hours) and Annual Special Camp (120 hours). The Annual camps are known as Special Camps. Annual Camps are held annually, funded by the Government of India, and are usually located in a rural village or a city suburb. Volunteers may be involved in activities such as:

**1) Cleaning      2) Afforestation      3) Stage shows or a procession creating awareness of such issues as social problems, education, and cleanliness      4) Awareness Rallies      5) Inviting doctors for health camps.**



# INTERNATIONAL PANEL DISCUSSION ON YOUTH AGAINST DRUG ABUSE AMONG PEERS



**Date:- 30/09/2020**

NSS Unit of Seshadripuram College organised an International Panel Discussion on “Youth Against Drug Abuse Among Peers”. This was a very important topic to cover considering the increase of drug use age among the peers. The programme was conducted in the college auditorium with minimal audience and for the rest it was online. Three well known doctors/researchers who had complete knowledge about drugs and its effects spoke in detail about how dangerous drugs could be. Further it was followed by a healthy discussion and question and answer section. Around 200 volunteers both online and offline participated in this event.

## GANDHI JAYANTHI [CYCLE RALLY]

**Date :- 2/10/2020**

NSS unit of Seshadripuram College participated In a cycle rally from Chinnaswamy stadium to Vidhana Soudha on 2nd October 2020. ie, Gandhi Jayanthi. It was a special occasion as after month an offline programme was conducted. It was a very well planned and organised program. From flag hoisting, paying tribute to Gandhi and cycle rally. All the students were given really attractive goodies and breakfast to the small distance they have to cover. 30 NSS volunteers participated from our college.





# CYCLE JATHA (NANDI HILLS)

**DATE:- 23/10/2020 - 25/10/2020**

NSS Unit of Seshadripuram College conducted a Cycle Rally from Seshadripuram College to Nandi Hills from 23rd October 2020 with the objective to educate people regarding Covid-19 and spread awareness about the measures to be taken during the Covid-19. Our unit was supported endlessly by our college and government for all activities. Cycling to Nandi Hills was cake walk for most of the volunteers because of the previous experience. Upon reaching there volunteers distributed masks and sanitizers to all the villagers and created awareness among them regarding Covid-19.



## CONSTITUTION DAY

26th November is celebrated as Constitution Day a day which brought a revolutionary change in our country. NSS Unit of Seshadripuram College celebrated Constitution Day by pledging to follow all the laws by reading the "Preamble of Indian Constitution". This programme was in association with the Central Government and was presided by the Director of Seshadripuram College who belongs to a family background of freedom fighters. The programme ended with all volunteers signing on the pledge to always follow the law in all circumstances.





# BLOOD DONATION CAMP

Blood Donation Camp was conducted on 31st January 2021 in Seshadripuram College in the college quadrangle. This year's Blood Donation Camp had a significant value because the pandemic was going on and blood is an essence in the health department. This programme was held in commemoration of the 109th birth anniversary of Late Shri K.M Nanjappa. The inauguration was presided by all the directors of Seshadripuram College and Sandalwood Actor. More than 650 students donated blood and our NSS Volunteers took active participation in making the blood donation camp a huge success by following all protocols.



Group Picture of all Chief Guests and Staff



Poster Making Competition



Picture of all guests being welcomed

## 'AERO INDIA -2021'

**DATE: 3/2/21 to 5/2/21**

Aero India is an air show that was held in Bengaluru at the Yelahanka Air Force Station from 3rd to 5th of February 2021.

The Ministry Of Defence. Defence exhibition organization Indian Air Force. DRDO and other related organizations joined hand to organize this event. Several Indian as well as foreign exhibitors exhibited their products which was futuristic in nature. From Seshadripuram college 11 NSS volunteers actively participated in this show. In co-ordination with BEML and HAL. The volunteers are divided into various groups and were assigned different tasks. Like taking care of parking lot , food court, media, exhibition Indian partition and most of all the inaugural area where the VIP's were seated. This initiative taken by our volunteers was appreciated by the BEML and HAL team. It was an honor to work for the event where we all had a great learning experience.





# WOMEN'S DAY

NSS Unit of Seshadripuram College participated in Women's Day celebration organised by Government of Karnataka on 8th March 2021 at Kanteerava Stadium. The programme was inaugurated by Dr. H.C. Narayana Gowda, Minister for Youth Empowerment and Sports, Planning programme monitoring and statistics. All women and girls actively participated in the events organized in regards to the theme "Choose to Challenge". They actively took part in the adventurous sport like Rockwall climbing, zip innig, rappelling etc and there was a bike rally and car rally from Kanteerava to Jakkur showcasing growth of women in all fields. It was a great experience for all the volunteers especially the female volunteers.



Group picture with all volunteers



Picture with all Higher Officials



Group picture of all our volunteers

## ETI TRAINING



Mr. Manjunatgh H, NSS Programme officer selected for NSS ETI Programme officer training from 08-03-2021 to 14-03-2021 at University of Mysuru, Mysuru. He successfully Completed Training and also conferred with Certified NSS Officer from Ministry of Youth Affairs and Sports Department of Youth Affairs, Government of India.



# STREET PLAY

(To create awareness about Covid – 19)

Date - 27-04-2021

Video link :- <https://youtu.be/sft243EHa9Q>



As we all know that giving awareness about Covid - 19 has become very important these days, hence 10 NSS Volunteers of Seshadripuram College actively participated in Street Play which was conducted on 27th April in association with Karnataka State NSS Cell. The play had awareness and message with a comedy outlook.

We successfully completed 2 shows at Malleshwaram 15th cross and 6th cross in front of Public.

We all interacted with the people who were very happy with our performance.

We were able to witness the affection and care which was given to us by the public for our job, hence this made all of us happy.

## VIRTUAL YOGA WORKSHOP 10th May 2021 to 19th May 2021

Yoga is something very important and beneficial. As human beings we should follow this in our daily life. Practice of few asanas can make the rest of the day glow and active.

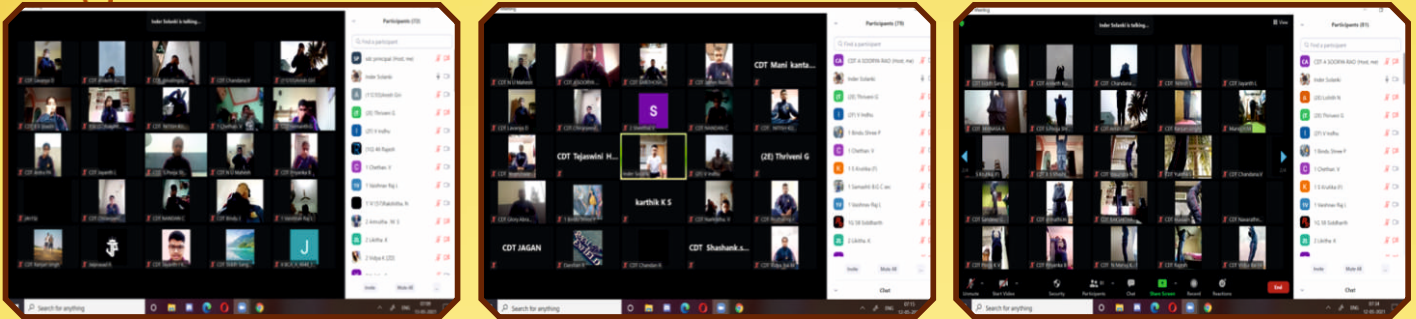
Seshadripuram College organised **“Virtual Yoga Workshop”** in association with National Cadet Corps, National Service Scheme, Department of Physical Education & Sports and SCOSA (Seshadripuram College Old Students Association). Under the guidance of Dr. Meera H N Pricipal Seshadripuram College, Sri Manjunath H NSS Program Officer, Sri Karthik K S Physical Education Director and NCC Caretaker,.

Mr.Indra Kumar Solanki,who is alumni of our college of batch (2015-2018) has won many awards in State & National level Competitions and also participated at International level competitions. Indra Kumar Solanki instructed Yoga to all participants. He also gave us information about the

benefits, importance, the proper method to perform yoga. Sir taught us various asanas, pranayama exercises, surya namaskara and more. The Virtual Yoga Workshop was held from **10th May to 19th May 2021**. Workshop was from 7:00AM to 7:45AM (daily) through **ZOOM** platform.The class would start by chanting Omkara and later



on followed by Pranayama exercises. After pranayama exercises were guided to do some eye and neck exercises. After these sitting asanas were performed such as vajra asana, Paschimottanasana, Janu Sirshasana etc. Along with these Surya Namaskara and standing asana's like Vrikshasana, Urdvasana, Veerabhadrasana -1,2,3,4 etc. were performed. This workshop made a relief to crowded up minds of the cadets due to this pandemic. Around **50 volunteers** attended this virtual workshop for 10 days. Later on cadets who had been a part of this workshop were awarded with **E- Certificates**.



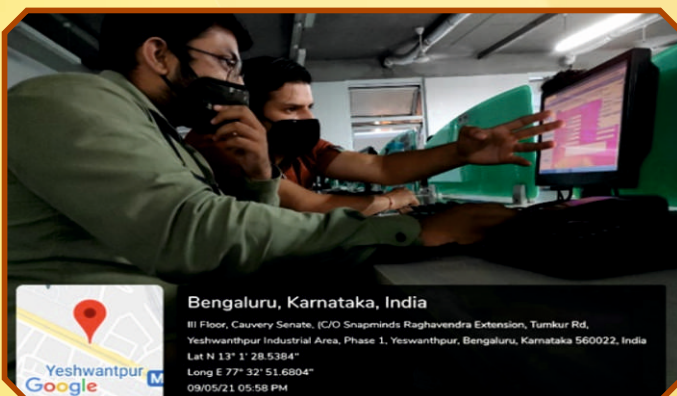
The volunteers were grateful to Dr. Meera H N Principal, Yoga Instructor Indra Kumar Solanki, Manjunath H NSS Program Officer & Karthik K S Physical Education Director, NCC Caretaker for the healthy sessions organised in a beautiful way.

## NSS WAR ROOM

**Date - 5/05/2021**



NSS Unit of Seshadripuram College participated in Covid-19 War Room started by State NSS Cell from 5th May 2021 to 7th May 2021, in order to help people of Karnataka who were suffering cause of COVID-19 and people who wanted important materials like oxygen cylinders, beds, food etc. 7 volunteers from our college volunteered to be part of War Room and help people endlessly even during complete lockdown. Volunteers ensured that all the information collected about oxygen cylinders, beds, ICU beds, food were legitimate information and further passed it on to people who needed it the most. War Room made the volunteers work tediously from morning to evening as the situation demanded that type of work. All the volunteers gave their best and worked tirelessly making the War Room a huge success.





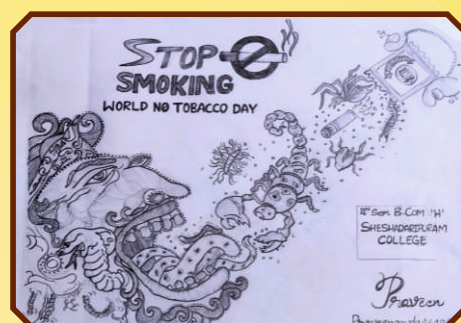
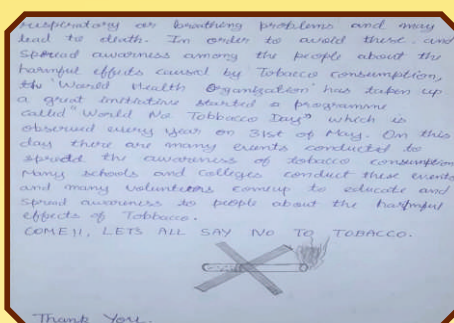
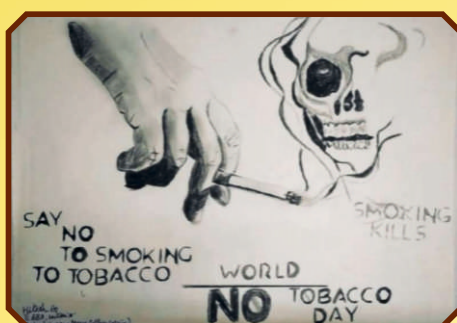


# WORLD NO TOBACCO DAY

## 31st MAY 2021

World No Tobacco Day (WNTD) is observed around the world every year on 31 May. This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what the World Health Organization (WHO) is doing to fight against the use of tobacco, and what people around the world can do to claim their right to health and healthy living and to protect future generations.

This event was celebrated in association with National Service Scheme & National Cadet Corps. The college organised two events for all the students. The events were pencil sketching & essay writing. The students participated actively.



The winners were rewarded with attractive prizes and certificates. The Volunteers were grateful to M.S. Nataraj Chairman Governing Council, Dr. Meera H N Principal Seshadripuram College, Manjunath H NSS Program Officer, Karthik K S Physical Education director, NCC Care Taker and all the other staffs who made this event a successful one.

## SEED BALL SOWING - SAVANADURGA FOREST

NSS Volunteers of Seshadripuram College participated in a Seed Ball Sowing programme organized by ABVP on 18th June 2021 at Savandurga Forests. The programme was conducted in support of the government's movement of making the country greener by planting plenty of trees as a part of Environment Day. The volunteers were supported and helped by ABVP and Forest Department endlessly. All volunteers planted close to 30000 seeds on that day which was very exciting at the start but really tiring honestly. Volunteers were divided into few groups and were sent to different parts of the forest to plant seeds. Around 23 volunteers from our college participated and had an adventurous experience with helping the nature for a good cause.





# SAPLING PLANTATION PROGRAM AT VIDYANAGAR SPORTS HOSTEL



NSS Unit of Seshadripuram College participated in a sapling plantation programme on 11th August 2021 at Vidhyanagar Sports Hostel on account of 75th Independence Day (Azadi ka Amrit Mahotsav) in association with Government of Karnataka, National Service Scheme and Namma Metro. The programme was inaugurated by Sri. Narayan Gowda H.C, Honorable Minister for Youth Empowerment and Sports, planning, program monitoring and statistics along with other fellow chief guests. The motto of the programme was to plant 10000 saplings. Being responsible volunteers and concerned about nature our volunteers took part in

the programme to plant 10,000 saplings, as planned. It indeed was a great satisfaction for all volunteers to be a part of this event. They all had a great experience. The event was a successful one.



Volunteers planting saplings



Volunteers working hard for plantation



Discussion on how everything should be done

## FIT INDIA FREEDOM RUN

NSS Unit of Seshadripuram College organised a Fit India Freedom Run on account of Azadi Ka Amrit Mahotsav India at 75 on 13th August 2021. The programme was inaugurated by our dear principal Dr. Meera H.N. It is very important to have a healthy lifestyle it has definitely become the need looking at the tough times. The volunteers nearly covered 7kms Seshadripuram College to Vidhana Soudha by running and jogging. It was a significant initiative to start off with a healthy lifestyle and was a great experience for all the volunteers. Each and every volunteer enjoyed it at most and the event was a huge success.



Flag off by our Principal



Time to start!!



Volunteers at their destination





Volunteers with the Guests of The Event

# CYCLE JATHA

## (BANGALORE-CHIKKAMAGALUR)

DATE:-15/08/2021 to 18/08/2021

NSS Unit of **Seshadripuram College** organized a Cycle Jatha in Association with **State NSS Cell**, Government of Karnataka and **Bengaluru city university** on the occasion of 75th Independence Day (**Azadi Ka Amrit Mahotsavindia @75**) from Bangalore to Chikkamagalur. This 250kms Cycle Jatha was flagged off on 15th August 2021 by the Honorable **Chief Minister of Karnataka Sri Basavaraj Bommai** In presence of **Chief Secretary Sri P Ravi Kumar** from Vidhana Soudha. The event was presided by extremely high profile dignitaries. After flag off the group cycled to Gandhi Bhavan from where **20 volunteers** of Seshadripuram College started their journey to Chikkamagalur.



In Frame Mr. Prathap Lingaiah (State Cell) and Mr. Manjunath H. (Program Officer)



Volunteers at the Highest Peak of Karnataka

**Day one** is always the time when everyone is very enthusiastic and energetic to cycle; though we were late by 2 hours from our planned schedule we gave it our best. Adichunchanagiri a very well known town and religious place of India was where we halted on Day-1. The trustees of Adichunchanagiri were very generous and provided us with a very comfortable place to rest and sleep.

**Day two** is actually the real test day when all the body pain, cramps etc show up but majority of our volunteers were completely ready for the challenge because of their previous cycling experiences. Second day



IAS Officer interacting with our Volunteers



Group Picture of all The Volunteer





A View of The Starting Point



Newspaper Cutout

the volunteers had to cover almost 140kms to reach Chikkamagalur. Bangalore-Chikkamagalur was definitely the toughest route our volunteers have cycled this 250kms stretch felt more difficult then 500kms covered previously mainly because of the steep roads. All the volunteers still gave their level best and managed to reach Chikkamagalur little late but yes they did it! Chikkamagalur greeted us with a beautiful sunset and pleasant weather. Higher officials greeted all the volunteers with lot of respect. After a tiring day all volunteers rested as that was more important.

**Day Three** the **District Commissioner** of Chikkamagalur welcomed and congratulated us for our achievement. Further it was followed with Certificate Distribution, Photo Session and some media coverage. Later the District Commissioner allowed volunteers to travel to prime tourist spots of Chikkamagalur. "Heaven on Earth" is what we can describe Chikkamagalur as. After all travelling all volunteers came back and some fun time among them in the room and followed by departure on the next day.



Group Picture at Ghandi Bavana





# CELEBRATING NSS DAY IN BLIND SCHOOL

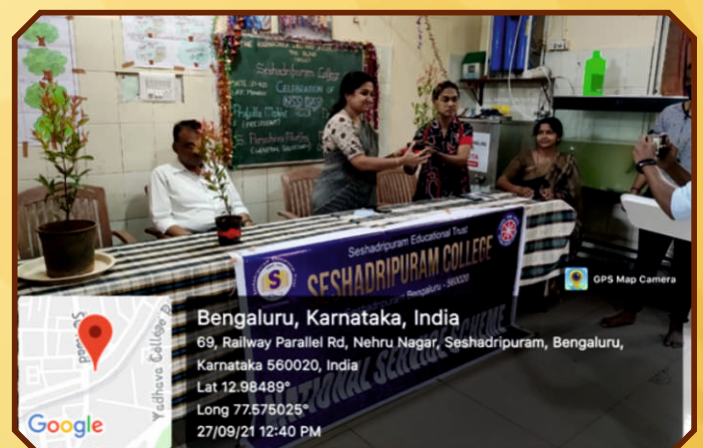
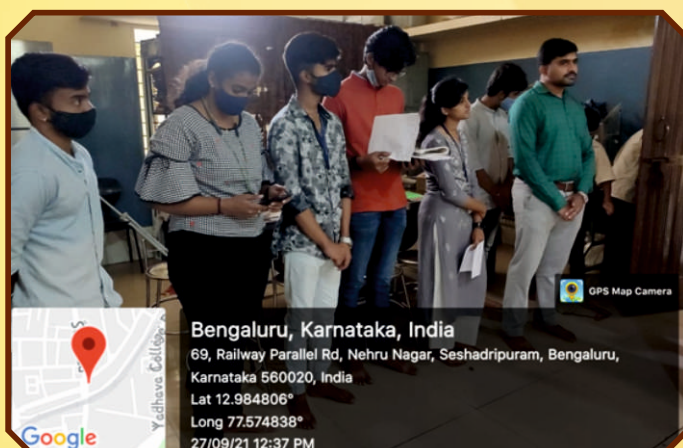


NSS unit of Seshadripuram College organized an event, in accession to celebrate NSS day which was held on 24th September 2021. 16 NSS Volunteers had been to Blind school with principal Dr. Meera H. N. on 27th September 2021.

The main motive of National Service Scheme is "Not me but you" which is to provide service for well being of the society. In reference to it volunteers of Seshadripuram College were allowed to execute the

plans for the day by the President, Prafulla Mukhi and other head of the the Karnataka Welfare Association of the Blind (NGO).

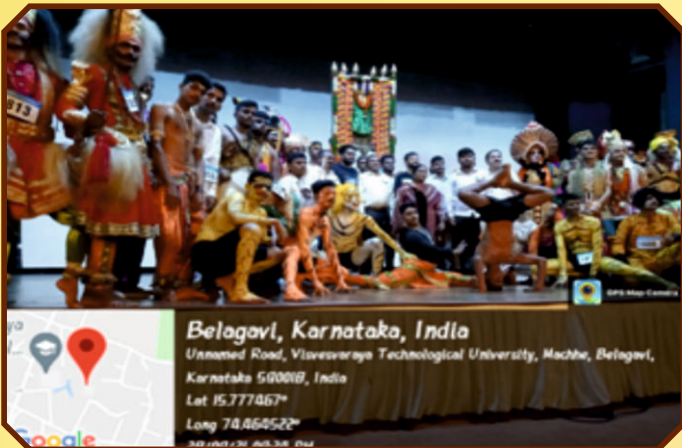
We spent a day in the school, we interacted with the blind students by making them play games such as Memory games, Anthakshari etc. followed by serving food. Thus interactive session made us take a break and relieve stress. It was also a refreshing day for both the volunteers and the students in the Blind school. It was a successful day with lots of happiness.





# NSS RD Camp

Suhaas A. and Nikitha E. S. our NSS Volunteers were Selected for State level NSS Camp in VTU Campus Belagavi on 28.09.2021 and 29.9.2021 for male volunteer and 30.1.2021 and 1.10.2021 for female volunteer respectively. Suhaas successfully completed the camp and he was selected for South Zone NSS RD Camp in GKVK Campus Bengaluru





# CULTURAL EVENTS ON ACCOUNT OF AZADI KA AMRUTH MAHOSHTAV



NSS unit of Seshadripuram College organized a programme on account of Azadi ka Amruth Mahostav India @75 in Seshadripuram College campus in association with Regional Outreach Bureau, Bengaluru. Ministry of I & B Government of India on 29th September 2021.

The programme was inaugurated by Dr. Meera H.N. principal Seshadripuram College.

The volunteers were asked to take part in various cultural events such as Rangoli, Drawing and singing competition. The theme of drawing and singing competition was patriotism. Time slots were allotted to all the competitions.

The Cultural Events are, Rangoli, Drawing, and singing competitions Organized and the theme is Azadi ka Amrit Mahostav India @75.

Judges were overwhelmed by the active participation of the volunteers. They also encouraged and motivated the participants for the better results of the competition.

It was a successful programme with lot of excitement and joy.





# SPECIAL PROGRAMME ON 75th AZADI KA AMRUTH MAHOTSAV India @75



NSS unit of Seshadripuram College organised an event on account of Azadi Ka Amruth Mahotsav India @75, on 30th September 2021, at Seshadripuram College conference hall.

The programme was inaugurated by Sri S.Venkateshwara, Nadoja Dr. Wooday P. Krishna, Srimathi Natasha S. D'souza, Sri M.S.Nataraj, Sri P. G. Patel, Dr. Meera H. N. with other fellow members.

The Dignitaries addressed the session regarding the 75th Azadi Ka Amruth Mahotsav, Azadi Ka Amruth Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of progressive India and the glorious history of its people, Culture and Achievements. The Azadi Ka Amruth Mahotsav is an intensive, country wide campaign which will focus on citizen participation to be converted into 'Janandolan' where, small changes at the local level will add up to significant national gains.

Lastly there was prize distribution for the event held on 29th September 2021, as a part of appreciation to encourage the volunteers for the fore coming events.





# CLEAN INDIA CYCLE JATHA (3 DAYS CYCLE CAMPAIGN)



## COLLECTED 1200 KG OF PLASTIC AROUND BENGALURU CITY

### DAY - 1

NSS Unit of Seshadripuram College and Bengaluru City University In Association with State NSS Cell and department of Youth Empowerment and Sports jointly organised this event on account of AzadiKa Amrit Mahotsav India@75 conduct Clean India 3 Days Cycle Jaatha, the main aim of the event is to collecting plastic through cycle rally and creating awareness on plastic usage to the public throughout Bangalore city. From 8th October to 10th October 2021.

The program was inaugurated and flagged off by Sri. Khadri Narasimhaswamy Director, NSS Regional Directorate Central Government. Nadoja Dr. Wooday P. Krishna Hon. Secretary General, Seshadripuram Education Trust. Sri Prathap Lingaiah State NSS Officer, Dr. Govinde Gowda H. G., Coordinator, BCU, Dr. Meera H.N. Principal. Seshadripuram College along with other chief guests. We were even encouraged and supported by media person.

Our volunteers were split up into five Groups (12 volunteers each) and were sent to different locations.

Day one is always the time where everyone is very enthusiastic and energetic with the same enthusiasm, we started cycling from Seshadripuram College and covered KR Market, Avenue Road, SP Road, Chickpet and Kalasipalya with team split and co-ordination among teammates we successfully collected large amount of plastic and returned home with the satisfaction of protecting the nature and awaited for the next day.





## DAY - 2

Day 2 is actually the real test day when all the body pain, cramps etc., show-up but still majority of our volunteers were ready for the challenge because of their previous day's cycling. We started cycling from Seshadripuram College and reached Yeshwanthpuram Railway Station.

The programme was inaugurated and flagged off by Sri Munirathna, Minister of Horticulture. Govt. of Karnataka.



On the second day the weather didn't co-operate with us. There was heavy shower but our volunteers didn't give up. With the same keenness we covered in and around Yeshwanthpuram Railway Station, Sankey Tank, Malleshwaram 15th cross, Malleshwaram Flower Market and on the way nearby Seshadripuram. Our volunteers participated with immense enthusiasm by competing with other groups followed by co-ordination with their respective teammates and collected huge amount of plastics comparatively. The same lit up joy and satisfaction among volunteers for owing their part in the Clean India Mission.



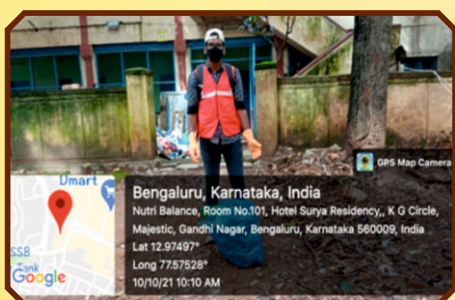
## DAY - 3

Day 3 was most challenging day. Because, all the volunteers were completely exhausted. But still our volunteers didn't surrender.

We started our ride from Seshadripuram college and covered Palace Grounds, Vasanthnagar, Srirampura, Civil court, in and around Majestic Railway Station and Kempegowda Bus Station, and to an extent nearby Seshadripuram and reached college with an abundant amount of plastics compared to Day-01 and Day-02 (previous days). Despite of completing the cycle rally whole-heartedly, it was tiring by the end of the day.

It was indeed a great opportunity and experience for all the volunteers. Our volunteers had to put their efforts to support the clean India mission. It was all about team work and co-ordination among teammates.

It was accomplished programme with evident satisfaction of protecting our environment. Totally **1200kg** of Plastic collected in whole three days rally and plastic given to BBMP Bengaluru.





# STATE AWARD



Somashekar U. our NSS Volunteer, for his Constant and dedicated work towards society and service was awarded Best NSS Volunteer for State award 2019-20. Its Highly Privilege to Institution and NSS unit of our college, and he received the award from Hon. Minister Shri Narayana Gowda, Ministry of Youth Affairs and sports, GOK and other Officers from GOK and other dignitaries were present at the Award function.





SESHADRIPURAM EDUCATIONAL TRUST

# SESHADRIPURAM COLLEGE

*(Affiliated to Bengaluru City University)*


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